PASTA WITH SPICY TOMATO SAUCE AND SUMMER VEGETABLES

Start to finish: 30 minutes Serves: 2

INGREDIENTS:

2 tablespoons extra virgin olive oil 2 cloves garlic, minced 1/4 teaspoon red pepper flakes 1 14-ounce can whole tomatoes (preferably San Marzano tomatoes, if possible) Kosher salt 1/2 medium zucchini, cut into small chunks 1/2 medium squash, cut into small chunks 4 ounces farfalle or bow tie pasta

1/4 cup chopped fresh basil

Grated parmesan cheese, for topping

DIRECTIONS:

Heat the olive oil in a large skillet over medium heat. Add the garlic and red pepper flakes and cook until the garlic is just golden, about 1 minute. Crush the tomatoes into the skillet and add the tomato juice. Add 1/2 teaspoon of salt and simmer, stirring occasionally until the sauce is slightly thickened, about 15 minutes. Add the zucchini and cook until it's crisp-tender, about 5 minutes. Season with salt.

Meanwhile, bring a large pot of salted water to a boil. Add the pasta and cook as the label directs. Drain and add the pasta to the sauce along with the basil; toss to coat. Top with parmesan.

