

## THE SPA AT SILVERADO

### RESERVATIONS

Our reservation team is available to assist you in reserving your services. Credit card information is required at the time of the booking. The Spa Experience is designed for guests 16 years and older. Guests under 16 may enjoy services in our salon.

Reservations are recommended to ensure your preferred time. Services offered based on availability.

**WALK-INS ARE ALWAYS WELCOME.**

For Reservations please call: 707-257-5555

### SPA DAY USE

Spa facilities and amenities are available for all registered resort guests 16 years or older and includes sauna, steam, whirlpool, locker lounges and lap pool for a daily fee of \$30. Fee is waived with purchase of treatments totaling \$100 or more. Guests not staying at the resort are able to use the facilities for a \$50 daily fee (excluding weekends and holidays). Day use is based upon availability.

### ARRIVAL FOR APPOINTMENTS

Please arrive 30 minutes prior to your scheduled appointment time. This will allow you time to check in, shower, change into Spa attire and relax before your therapist greets you. Please note that late arrivals will receive whatever time is left within treatment time ~ full charge will still apply.

### SPA HOURS

Spa Facilities	6:00am - 8:00pm
Treatments	8:00am - 7:00pm
Salon	9:00am - 6:00pm
Spa Café	7:00am - 3:00pm
Spa Boutique	9:00am - 7:00pm
Fitness Studio	6:00am - 8:00pm

*(Hours vary with Season)*

### FITNESS CENTER | SPA POOL

The gym and wellness classes are complimentary for registered resort guests 16 years and older. Use of Spa Pool, locker lounges and amenities are included with purchase of a day pass (\$30) or Classic Session Spa Treatment.

### PERSONAL TRAINING

30 minutes \$60 | 60 minutes \$85 | Duet \$149

Private group sessions available. Prices vary depending on group size.

### SPA CAFE

Greet the day after your workout at the Spa Café where you will find a menu to replenish your energy and rehydrate your body. Delicious and healthy fare such as salads, sandwiches, fruit juices and smoothies for on the go experience or slowdown and enjoy an item from our lunch menu. Sip and savor an espresso or cappuccino from our coffee menu in our tranquil WIFI hotspot.

### SPA BOUTIQUE & GIFT SHOP

You will find our popular Spa Silverado products, as well as an assortment of resort gift items, fitness, swim and leisure wear. Join us for a sensory journey with local Napa product lines and find healing beauty benefits in our professional skincare and hair products from leading beauty experts from Italy, France and around the world.

### SERVICE CHARGE | CANCELLATION POLICY

There is a 20% service charge added to all services and packages. If you need to cancel or change your appointment, please contact the Spa directly at least 4 hours prior to your appointment by calling 707-257-5555. A proof of cancellation number will be issued. You must have a cancellation number to avoid a 50% service fee. A "no show" is charged at the full rate. Additional gratuity is always appreciated for exceptional service.

RESORT GIFT CARDS FOR ALL OCCASIONS  
AVAILABLE AT THE SPA

# THE SPA AT SILVERADO



## INTRODUCING THE SPA AT SILVERADO

*Start here at Silverado with a personal intention for your visit and begin your journey to greater health and happiness.*

*Do you seek Rejuvenation — to restore, balance and detoxify?*

*Celebration — to strengthen bonds, energize friendships and boost relationships?*

*Or simply Relaxation — to relieve tension, stress and to unwind?*

*Allow us to guide you through a path of enhanced well-being...*

*Now relax, you are in good hands.*



SILVERADO

Resort and Spa  
Napa



707-257-5555 | SilveradoResort.com  
1605 Atlas Peak Road | Napa, CA 94558

# SPA MENU

## MASSAGES

Classic 50 min | Deluxe 80 min | Legacy 100 min

### SILVERADO MASSAGE

Classic \$140 | Deluxe \$210 | Legacy \$260

Uses the healing powers of aromatherapy to delight your senses along with personalized pressure in Swedish and Deep Tissue styles. Provides healing benefits appropriate for your specific condition.

### JUST FOR TWO (COUPLES MASSAGE)

Classic \$280 | Deluxe \$420 | Legacy \$520

Let your outer world disappear with a relaxing Silverado Massage in our private couples room. Choose from a selection of services.

### HIGH TECH MASSAGE

Classic \$140 | Deluxe \$210

This area massage employs a variety of techniques to release tension in the neck, shoulder, back, hips and forearms, leaving you ready to create the next generation of communication.

### PAR FOR THE COURSE MASSAGE

Deluxe \$210

Focuses on the muscle groups used for golfing. We begin by invigorating the muscles with a sports balm rub, then using specific Deep Tissue massage techniques on the arms, shoulders, back, hips and legs to enhance range of motion. Optional golf ball rolling technique is offered to provide a deeper level of pressure.

### HAWAIIAN LOMI LOMI MASSAGE

Classic \$145 | Deluxe \$220

Rhythmic full-body massage technique where the therapist works gently yet deeply into the muscles with continuous flowing strokes, totally nurturing the body, enabling the recipient to relax and feel our Aloha.

### HEALING STONE MASSAGE

75 Minutes \$220

This therapy has roots in Native American Culture and is designed to cradle and balance your energy points as your therapist glides stones over your body pressing, pausing, and varying stroke technique as needed to release tension. Warm & cool stones are used.

### WARM CANDLE MASSAGE

Classic \$140 | Deluxe \$210

Relaxing Swedish style aromatic Bulgarian Rose or Honey Ginger heated candle massage with soy and coconut oils will lift your spirits and soothe your soul.

### HONEY DREAM MASSAGE

Classic \$145 | Deluxe \$220

This deeply relaxing and hydrating myofascial massage uses a luxurious warm beeswax thermal pad to relieve tension and pain. Enjoy an anti-aging facial mask for plumping, applied with Marma pressure points to complete the experience.

### MATERNITY MASSAGE

Classic \$140 | Deluxe \$210

A soothing treatment for pregnancy during any trimester or postpartum, this massage improves circulation and provides a gentle, soothing touch for expectant and new mothers.

### SPA GARDEN CABANA MASSAGE

Available seasonally from 9am - 5pm in a Private Cabana nestled in our Meyer Lemon Spa Garden. Choose from a selection of services.

## LUXURY ENHANCEMENTS

25 minute upgrade to any Classic Facial or Massage Session \$70  
*Choose from:* Express Blue Facial | Back Facial | Men's Sport Express Facial | Spray Tanning | CLEAR MY HEAD Nasal Relief Treatment  
Spa Foot Reflexology

## BODY SCRUBS & WRAPS

### SEASONAL BODY TREATMENT

Classic \$135

Ask about our monthly specials and celebrate the season with us!

### CHARDONNAY SUGAR SCRUB

Classic \$135

This legendary all-natural sugar scrub is blended with shea butter and six natural oils to exfoliate and nourish your skin. The rich moisturizer will protect and heal even the driest of skin.

### MEYER LEMON SALT GLOW

Classic \$135

We use an infusion of hand-pressed olive and grape seed oils, soothing chamomile, wild crafted flowers and aloe vera to exfoliate even the toughest of skin.

### LAVENDER MINT CLAY WRAP

Classic \$135

Using warm lavender mint clay, this wrap firms and tightens the skin by stimulating circulation. Soothing moisturizers calm and hydrate leaving your skin toned and refreshed.

### ROSE MUD WRAP

Deluxe \$195

This remarkable mud contains soothing rose clay extracted from the Provence region of France and is the ultimate for refining and hydration. Includes a 25 minute relaxing massage.

### BEAUTY CONTOURING

Phytomer Body Treatment Classic \$135

Series of 4 sessions \$540 *(Includes product \$100 value)*

Assists in minimizing the appearance of cellulite.

## HALF-DAY SPA PACKAGES

### WINE COUNTRY EXPERIENCE

Choose any two classic or deluxe session treatments for yourself and receive the second one of equal or less value at a 10% savings.

### SPA BLISS

Please allow for 4 hours of bliss \$400

Two Classic Session Spa Services | \$25 Credit at The Spa Café  
Silverado Bliss Spa Manicure & Pedicure

### WINE & ROSES COUPLES PACKAGE

Please allow for 2 hours of romance \$540

Includes two Rose Mud Wraps | Two Classic Session Rose or Ginger Warm Candle Massages | Two glasses of Sparkling Wine

### BRIDAL PARTY | PRE-WEDDING | GETAWAYS

Escape to the Spa together before the big day! Select from pre-wedding celebration experiences with special packaged rates available for groups of 6 or more. Please contact our Spa Group Coordinator at 707-257-5543 for assistance.

## SKINCARE COLLECTION

Classic 50 minutes | Deluxe 80 minutes

### FACIAL ENHANCEMENT

Lip, Eye or Décolleté Treatments \$25

*For that added touch in facial services.*

### SILVERADO BLUE *(Phytomer)*

Classic \$140 | Deluxe \$210 *(includes Mud Mask)*

Designed to refresh, hydrate and refine the skin. Marine biotechnology is great for all skin types.

### MEN'S SPORT *(OMA)*

Classic \$140 | Deluxe \$210

Restores strength and balance to men's skin. Includes a soothing face, neck and shoulder massage that will leave you feeling your best.

Deluxe version includes an added Alpha Hydroxy skin booster, mask and eyebrow trimming.

## ADVANCED AESTHETICS

### VIE 3-D LUXURY LIFTING *(Phytomer VIE)*

Deluxe \$225

Our most comprehensive anti-aging treatment is inspired by medi-spa procedures utilizing cosmeceutical grade products for immediate remarkable results. This facial focuses on 3 dimensions of aging: wrinkle relaxation with a Botox-like effect, wrinkle filling with a filler-like effect, and an overall firming, lifting effect, like a mini lift.

### BRIGHTENING PEPTIDE INFUSION

*(Physicians Care Alliance)* Classic \$160

This cosmeceutical peptide infused treatment starts with a customized botanical mask, followed by anti-aging steps that addresses fine lines, wrinkles and overall skin-brightening and oxygenation. An advanced booster ensures skin is infused with antioxidants that also address hyperpigmentation. The use of LED Light therapy promotes radiant, youthful skin.

### PCA POWER PEEL TREATMENT

*(Physicians Care Alliance)*

25 Minutes \$130

This advanced peel treatment improves skin's overall texture, brightening, while boosting collagen and elastin. The use of LED Blue Light Therapy will promote healing. Skin is left plump, hydrated and luminous. Visible results in one treatment, also offered in a series for greater benefits. Includes a PCA take home Post Procedure Kit for your after care.

## BEAUTY

### SPRAY TANNING *(South Seas Organic)*

Full Body Application \$70 | w/ Body Scrub \$135

### WAXING

A variety of waxing services are available upon request.

### MAKEUP *(La Bella Donna Mineral Makeup Line)*

Day or Night Application \$90 | w/Lash Application \$120

# THE SALON

*Hair & Nail Services*

## HAIR

*We proudly feature DAVINES, MOROCCANOIL and LIVING PROOF hair lines.*

### CUTS & STYLES *(prices vary based on length of hair)*

Ladies Cut & Style \$70 & up

Blowout \$60 Short Hair | \$70 Long Hair

Men's Cut \$45

Child's Cut *(ages 10 and under)* \$45

### EVENT STYLES *(price based on time)*

Event Style w/Blowout \$125 & up

Event Style w/Clean, Dry Hair \$100

### UPGRADE TO ANY BLOWOUT

Moroccanoil Treatment or Kerasilk Treatment \$40

### COLOR

Full Color \$140 & up

Full Color with Highlights \$175 - \$250

Haircut with any color \$50 additional

## NAILS

*We proudly feature CND, SPA RITUAL & PHIA nail lines.*

### HANDS

Silverado Bliss 50 minutes \$60

Express Manicure 25 minutes \$40 | w/French \$50

Men's Sport Manicure 25 minutes \$40

### FEET

Silverado Bliss Pedicure 50 minutes \$70

Men's Sport Pedicure 50 minutes \$70

Royal Coconut Milk & Honey Pedicure 80 minutes \$90

Revitalizing Spa Pedicure 80 minutes \$90

### COMBINATION MANI & PEDI

90 minutes \$100 | w/French \$110

### PRINCESS DELIGHT *(ages 10 and under)*

Mini Mani or Pedi 25 minutes \$30

### POLISH CHANGE

Hands or Feet 20 minutes \$30

### SHELLAC CND NAILS

Manicure 50 minutes \$70 | Pedicure 50 minutes \$80

*(Without the removal of CND Shellac)*

Manicure 75 minutes \$90 | Pedicure 75 minutes \$110

*(Includes removal of old CND Shellac)*

### SHELLAC CND POLISH REMOVAL

15 minutes \$20

Due to variations of ingredients of consumer Gel brand products other than Shellac CND products, removal may not be available. Please inquire upon booking for more information.

*Prices are subject to change.*

ENHANCE YOUR SPA EXPERIENCE WITH A GLASS OF SPARKLING WINE FOR \$10